

The bitter pill has sugarcoating.

Surgery has anesthesia.

What gives your digital intervention its mojo?



The Mojo Explained

DISHMO: Digital Social Health Motivation Platform

Fully costumizable, flexible, user-engaging, validated Delivery Platform

Modular

7 engaging modules
Learning, coaching,
goal-setting, play,
community and more.

Tested

Tested in DK, IT, TR
Proven impact in real-
world health and
education projects.

AI-ready

Open API, designed for
generative AI
Ready for integration of
GPT-powered support,
adaptive tools and
personalized feedback.

Data-ready

Biometrics, behavior,
well-being
Continuous tracking
for insight and
improvement.

Scalable

Built for EU scale,
Horizon partnerships
Adaptable to new
contexts, languages
and user groups.

– DISHMO helps your digital health intervention connect and succeed.



We're building a Horizon 2025 consortium:

HORIZON-HLTH-2025-01-CARE-01

End-user driven application of generative AI in healthcare.

DISHMO can be your:

Test environment, delivery platform, and engagement driver.

Our focus:

Children and youth – but fully adaptable across age groups and systems.

Call:

Pelle Plesner

✉ pelle@helphi.com · 📞 +45 2216 3451

DISHMO – Digital Social Health Motivation Platform